

2024 Individual and Family Plans Overview

Pending CMS approval.



Blue Cross Blue Shield of Michigan PPO & Blue Care Network HMO are the only Health Insurance Marketplace carriers with four star rated plans!



*CMS scores qualified health plans (QHPs) offered through the Exchanges using the Quality Rating System (QRS) based on thirdparty validated clinical measure data and QHP Enrollee Survey responses. CMS calculates ratings yearly on a 5-star scale. Ratings may change from year to year.



2024 Notice of Benefit and Payment Parameters

2024 NBPP

- Limit of four non-standardized plan options per product network type, metal level (excluding catastrophic plans) and inclusion of dental and/or vision benefit coverage, in any service area for PY 2024
- HHS also give issuers greater flexibility if they offer plans with additional dental and/or vision benefits, significantly increasing the number of non-standardized plans they can offer at each metal level.
- Removes the standardized plan option for the **non-expanded bronze metal level** plans (Bronze Secure plans in 2023)
- No limit on Standardized Plan options
- SEP period for Medicaid and CHIP consumers changing from 60 to 90 days after loss of coverage

Impact on IBU Portfolio

- PPO No impact to 10 plans
- HMO Limits on On-Marketplace plan options will require plan reduction and offering plans in modified service areas from the 2023 IBU HMO plan portfolio in 2024
- No impact to Off-Marketplace plans
- Make slight modifications to PPO/HMO products changing deductible/OOPM with new 2024 NBPP requirements.
- Add free adult vision exams to HMO Bronze Saver HSA and Bronze plans to keep plans open utilizing uniform modification.
- Minimize disruption by closing HMO plans with lower membership per network including service area changes to meet NBPP regulations and keep members Blue

2024 New Programs Impacting Plans

- Add Virtual Primary Care to all PPO plans
- Transition virtual visits from American Well to Teladoc
- Adding Menopause to the Maternity and Family program
- Additional of Quartet Behavioral Health program
- Oncology care navigation program
- Transition of New Directions to Optum for behavioral heath authorizations

BlueCross BlueShield of Michigan

- IBU's product portfolio will decrease from 48 plans in 2023 to 43 plans in 2024 per CMS regulations
- For plan specific copays please refer to the 2024 Individual and Family Product Training – Additional Resources PDF available in the Library tab within Agent Community

1- Lower Peninsula except Wayne, Oakland and Macomb counties

2- Lower Peninsula except Select Counties

3- Statewide except Select Counties

4- Statewide except for Wayne, Oakland and Macomb counties

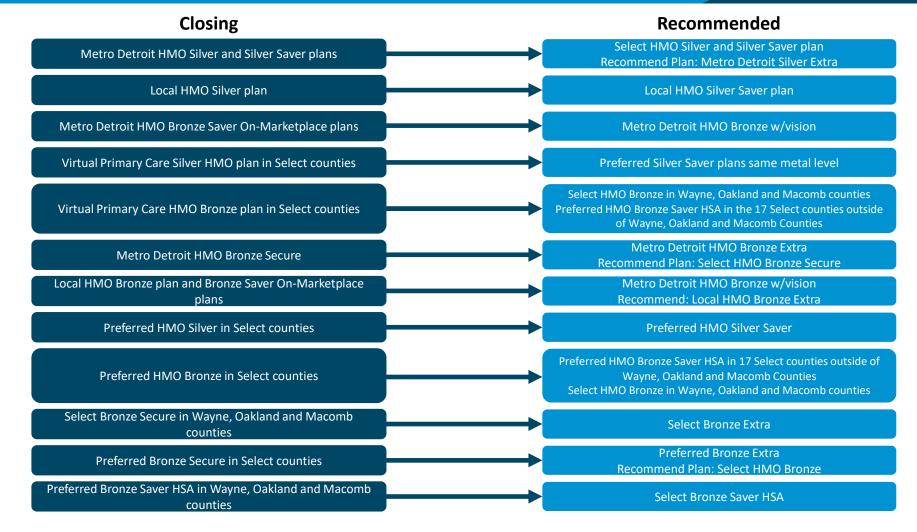
5-Select counties except Wayne, Oakland and Macomb counties

IBU's product portfolio decrease to 43 plans

Local HMO - Network 3 Counties	Metro Detroit HMO 3 Counties	Select HMO 20 Counties	Preferred HMO Statewide	Premier PPO Statewide *Not sold in UP
			Gold Extra (STD)	Gold Extra (STD)
			Gold	Gold
Silver Extra (STD)	Silver Extra (STD)	Silver Extra (STD)	Silver Extra (STD)	Silver Extra (STD)
		Silver	Silver ¹	Silver*
Silver Off-Mkt	Silver Off-Mkt	Silver Off-Mkt	Silver Off-Mkt	Silver Off-Mkt
Silver Saver		Silver Saver	Silver Saver	Silver Saver HSA
			Virtual Primary Care Silver ²	
Bronze Extra (STD)	Bronze Extra (STD)	Bronze Extra (STD)	Bronze Extra (STD)	Bronze Extra (STD)
	Bronze w/vision	Bronze w/vision	Bronze w/vision ³	Bronze HSA
Bronze Saver HSA w/vision Off-Mkt	Bronze Saver HSA w/vision Off-Mkt	Bronze Saver HSA w/vision	Bronze Saver HSA w/vision ⁴	
Bronze Secure		Bronze Secure⁵	Bronze Secure ³	Bronze Secure
			Virtual Primary Care Bronze ³	
		Value	Value 63 rural counties	Value

2024 BCN CMS Mandated Crosswalk with Recommended Plans





2024 Shared Benefits (All Plans)

- \$0 Annual Visit
- \$0 Wellness Visits for Kids
- \$0 Vaccinations
- \$0 Diabetes Test Strips, Lancets and Connected Devices with Diabetes, Pre-Diabetes & Hypertension Management Programs
- \$0 myStrength by Livongo a behavioral health app
- \$0 Family Building and Maternity Program & Menopause
- BCBSM App offers access to cost and transparency tools
- \$0 Oncology Care Navigation
- \$0 Quartet Behavioral Health program

- Discounts at Gyms
- Blue 365 Discounts on Vitamins, Food, Retailers, etc.
- \$0 24-hour nurse hotline to get medical advice from registered nurse
- \$0 Blue Cross Health & Wellness services and programs powered by WebMD
- Nationwide coverage 24/7 Virtual Visits in our selected vendors app and Prescriptions
- Nationwide Urgent Care visits



Key 2024 Plan Benefits

HMO Non-HSA plans

- \$0 Laboratory and Pathology Tests (HMO Bronze plans laboratory and pathology tests have a \$10 copay. The HMO Extra plans apply deductible & coinsurance to laboratory services)
- Some insulins moved to Tier 1A
- \$0 24/7 Virtual Visits in our selected vendors app (available nationwide)
- \$0 Blue Cross Personalized Medicine
- Primary and Mental Health Office Visits including Virtual Visits with a copay before deductible
- Retail Health Visit with a copay before deductible (same as Primary Office Visit copay)
- Urgent Care with a copay before deductible (available nationwide)

PPO & HMO HSA plans

- \$0 Health Savings Accounts (HSAs) with Health Equity
- \$0 24/7 Virtual Visits after deductible in our selected vendors app (available nationwide)
- \$0 Blue Cross Personalized Medicine (HMO plans only)
- Access to Virtual Visits and Retail Health Clinics

PPO non-HSA plans

- \$0 24/7 Virtual Visits in our selected vendors app(available nationwide)
- Urgent Care with a copay, before deductible (available nationwide)
- Access to Virtual Visits and Retail Health Clinics



2024 Networks

BCBSM Premier PPO Network -

- Broad choice of providers
- Statewide coverage
- Out-of-network coverage

BCN Network: Preferred HMO -

- Broad choice of providers
- Statewide coverage
- In-network coverage

BCN Network: Select HMO -

- Localized PCP network
- Available in 20 counties
- In-network coverage

BCN Network: Metro Detroit HMO -

- Localized network
- 3 counties in SE Michigan
- In-network coverage

BCN Network: Local HMO -

- Ascension & Trinity Health Systems
- 3 counties in SE Michigan
- In-network coverage



*Dark Blue counties where New Preferred Value plan is available

BCN Preferred HMO & BCN Select HMO Referrals

BCN Preferred HMO and BCN Select HMO plans do not require written referrals to in-network specialists except in specific counties in SE Michigan and the Thumb:

Arenac	Midland
Bay	Monroe
Clare	Oakland
Genesee	Saginaw
Gladwin	Sanilac
Gratiot	Shiawasse
Huron	St. Clair
Isabella	Tuscola
Lapeer	Washtenav
Lenawee	Wayne
Macomb	



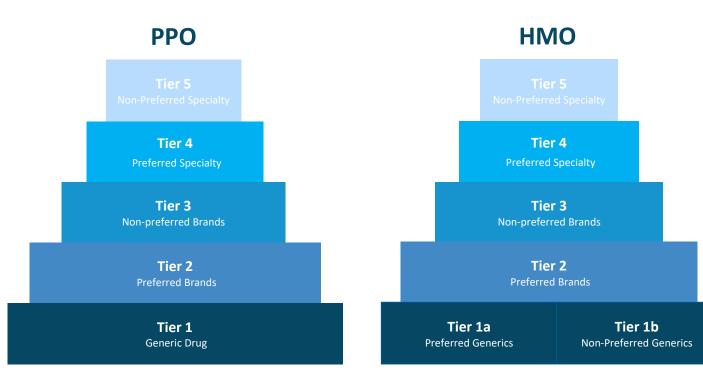
BlueCross BlueShield of Michigan

Find A Doctor/Cost Estimator Tool

	Blue Cross Blue Shield Blue Care Network			Sign In	/lenu		
Q	Dashboard			LOCATION Sterling Heights, MI 4 PLAN Blue Cross® Premier	DD		Search for doctors in network
	Dasndoard			LOCATION <u>sterning neights, mi a</u> Plan <u>due stoss premier</u>	<u>PP</u>		Find out if they are accepting new patients
	Hello,	I • C					Select Primary Care Physician
	What are yo	u searching fo	or tod	ay?			Cost Calculator to research medical procedures and estimated cost
	2=	Cashboard / Doctors by name / Search results / Smithy Almee 1	eN	WARRAN 2001	Sign In Manu nciana Driveva PLAN 🔺 All Plans		Directory reflects current participation not future participation by
	Doctors by name	Smith, Aimee N, MSN					providers
		About Locations Reviews			Мар		
		About		BOAD CRITING/TON GROUP ATTLUTIONS			e make reasonable effort to make sure the information
		F Luxeunce English		to information available 1_000cdt) Other locations		pu	splayed here is accurate, but use of this tool is for reference irposes only. From time-to-time doctors move in and out of tworks, affecting the accuracy of the directory at any given
		Location	ons	15959 Hall Rd		m	tworks, affecting the accuracy of the directory at any given oment, and we do not update the search tool in real time. In
		6777	7 W Maple Rd	Primary care provider Accepting new patients			dition, there are hospitals and doctors who are not included in ery plan.
				48801 Romeo Plank Rd			ease make sure that you search the proper network for the most
				Primary care provider Accepting new patients		 ac	curate results.
				Reviews			u should contact the provider directly to confirm that they are your plan network and that the desired service is covered by
				100% recommend this provider			ur plan.

Pharmacy & Prescription Overview

BlueCross BlueShield of Michigan



For a complete list please visit:

IBU PPO https://www.bcbsm.com/2024-select-ppodruglist IBU HMO https://www.bcbsm.com/2024-select-hmo-druglist

- All plans have an integrated medical and prescription deductible
- Tier 1, 2 & 3 drugs have a 30-day supply limit in November and December
- Exclusive agreement with AllianceRx Walgreens Prime for specialty drugs
- Optum RX has
 - Single sign-on from member portal
 - Drug price check and out-ofpocket accumulator
 - Improved prescription order tracking
 - Ability to change home delivery dates
 - Notifications for drug price changes and recalls
 - Self-service tools
- Standardized Plans have 4 tiers (1 tier for generic and specialty drugs)



2024 Dental Plans

Plans	BLUE DENTAL PPO+	BLUE DENTAL PPO					
	Standard 80/60/50	Standard 80/50/50 (50/50/50)	Pediatric 80/50/50 (50/50/50)	Standard 100/70/50 (80/60/50)	Standard 100/50/50 (50/50/50)	Standard 80/50/50 (0/0/0)	
Deductible: (1P,2P/3P+)							
In-Network	\$75/\$150/\$225	\$25/\$50/\$75	\$25/\$50/\$75	\$0/\$0/\$0	\$25/\$50/\$75	\$25/\$50/\$75	
Out-Of-Network	\$75/\$150/\$225	\$50/\$100/\$150	\$50/\$100/\$150	\$50/\$100/\$150	\$50/\$100/\$150	Not Covered	
Co-Insurance: (Class I/II/III)							
In-Network	80%/60%/50%	80%/50%/50%	80%/50%/50%	100%/70%/50%	100%/50%/50%	80%/50%/50%	
Out-Of-Network	80%/60%/50%	50%/50%/50%	50%/50%/50%	80%/60%/50%	50%/50%/50%	0%/0%/0%	
Kids Annual Max: (1p/2p+)		·					
In-Network	\$400/\$800	\$400/\$800	\$400/\$800	\$400/\$800	\$400/\$800	\$400/\$800	
Out-Of-Network	N/A	N/A	N/A	N/A	N/A	N/A	
Adults Annual Maximum							
In-Network	\$1,000	\$1,200	N/A	\$1,200	\$1,200	\$1,200	
Out-Of-Network	\$1,000	\$800	N/A	\$1,000	\$800	Not Covered	

2024 Dental & Vision Plans

Year-round enrollment for stand-alone dental and vision plans

3-year rule removed

Vision At-A-Glance



	Package Adult Vision Benefits Benefits you receive if you Purchase vision coverage as a package with dental	Stand-Alone Adult Vision Benefits Benefits you receive if you purchase the Blue Cross Vision with glasses or contacts for Adults	New Stand-Alone Adult Vision Benefits Benefits you receive if you purchase the Blue Cross Vision with glasses and contacts for Adults	
Eligibility	Non-pediatric members, 19 or older, have coverage on the plan start date	Non-pediatric members, 19 or older, have coverage on the plan start date	Non-pediatric members, 19 or older, have coverage on the plan start date	
Benefits	 Exams every 12 months Lenses every 12 months Frames every 24 Months 	 Exams every 12 months Lenses every 12 months Frames every 12 Months 	 Exams every 12 months Lenses every 12 months Frames every 12 Months 	
Allowance	\$130 allowance for frames or elective contact lenses	\$150 allowance for frames or elective contact lenses	\$150 allowance for frames and \$150 allowance for elective contact lenses	
Copayments	\$10 exam, \$25 materials	\$15 exam, \$25 materials	\$5 exam, \$10 materials	
Network	VSP Choice	VSP Choice	Heritage Vision Plans	
Notes	When purchasing a package, canceling dental will also cancel adult vision coverage and vice versa	Stand alone adult vision offers two premium payment options, monthly and annual	Stand alone adult vision offers two premium payment options, monthly and annual	

*Auto pay is no longer available for annual vision plans.

Standalone Adult Vision Plan Rates



	n for Adults With Glasses or - Effective 1/1/2024	Blue Cross [®] Vision for Adults With Glasses and Contacts** - Effective 1/1/2024			
M	onthly Rates	Monthly Rates			
12/12/12; \$1	5/\$25; \$150 Allowance	12/12/12; \$5/\$10; \$150 Allowance			
1 Person	\$9.85	1 Person	\$15.75		
2 Person	\$19.70	2 Person	\$31.50		
Family	\$32.70	Family	\$52.30		

	n for Adults With Glasses or - Effective 1/1/2024	Blue Cross [®] Vision for Adults With Glasses and Contacts** - Effective 1/1/2024			
Annual Rate	s - Discount applied***	Annual Rates - Discount applied***			
12/12/12; \$1	5/\$25; \$150 Allowance	12/12/12; \$5/\$10; \$150 Allowance			
1 Person	\$109.44	1 Person	\$174.96		
2 Person	\$218.88	2 Person	\$349.92		
Family	\$363.36	Family	\$580.92		

* \$150 Allowance for glasses or contacts

** \$150 Allowance for glasses and contacts. Additionally covers Progressive lenses, Anti Reflective coating, UV coating, Photochromic lenses

*** Annual rates are equal to monthly rates times 11.11 and they are rounded to be exactly divisible by 12 to 2 decimals.



Value Added Services



BLUE CROSS ONLINE VISIT TRANSITION







IBU members will continue to value the convenience of virtual care options. They expect best-in-class solutions that seamlessly work together and provide more convenient and flexible options for their care.

We currently partner with **Teladoc Health** for our **Diabetes and Hypertension Solution** powered by Livongo, as well as our **Resilience and Behavioral Health** solution, myStrength by Teladoc Health.

Effective 1/1/24, we will be transitioning Blue Cross Online Visits from Amwell to **Teladoc Health** to offer a full spectrum of clinical services in a virtual platform that complement with these solutions.



WHO'S IMPACTED?





Blue Cross Blue Shield Blue Care Network of Michigan This change impacts **all members** who have BCOV today, which includes Blue Cross and Blue Care Network individual members.



WHAT'S CHANGING?

6:46	
Teladoc.	
Username	
Password	
Remember my usernam	ne
Sign In	
Forgot username?	
Forgot password?	
Set up your accou	nt

As our virtual care options continue to expand and evolve, we are changing the name from Blue Cross Online Visits to **Virtual Care**.

In addition to the name change, we will be changing the app from BCBSM Online Visits to **Teladoc Health**.

Plans on how we will be communicating these differences and other planned changes to all external stakeholders are still in development, but they will be rolled out later this year.



WHAT'S STAYING THE SAME?

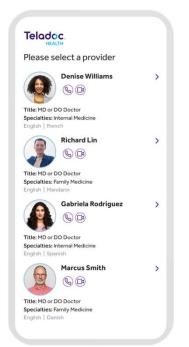
Services currently offered will continue to be offered in 2024, so eligible BCBSM and BCN members will continue to have access to the following **Virtual Care** services in all 50 states:

- **Urgent Care:** virtual urgent care services that include 24/7 on-demand access to board-certified Teladoc Health doctors for all members regardless of age.
- **Behavioral Health:** virtual therapy and virtual psychiatry services that are available from Teladoc Health board-certified psychiatrists, psychologists, and other licensed clinicians. Certain age restrictions may apply.



WHAT'S NEW?





As we partner with Teladoc Health to transition Blue Cross Online Visits to **Virtual Care**, we will also be launching a virtual primary care solution for commercial PPO members to access convenient primary care in all 50 states with an in-network PCP copay.

Effective January 1, 2024, **Virtual Primary Care (PPO)** will be available to certain BCBSM members.

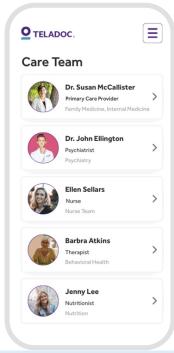
Special Note: Please note that this is not considered a medical product. Eligible Blue Cross members who currently do not have an in-person primary care provider or want to switch to a virtual primary care provider can select a Teladoc virtual care provider for their care.



WHO CAN USE VPC (PPO) & VPC OVERVIEW

Virtual Primary Care (PPO) will be available to all Blue Cross individual members.

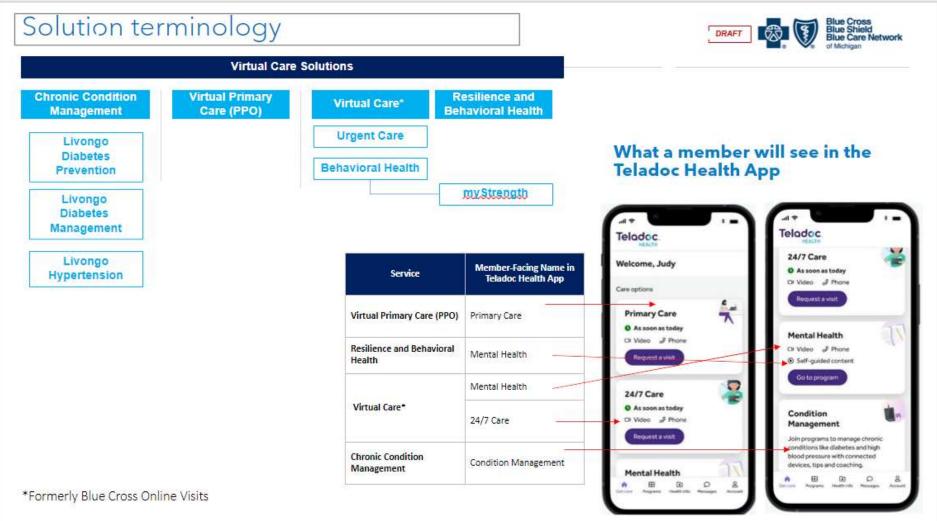
- Members who have Virtual Primary Care (PPO) will have access to:
 - Board-certified Teladoc Health primary care providers who will work with a dedicated care team to develop a longitudinal care plan.
 - Teladoc Health care team available 24/7 that consists of a PCP, registered nurse, and certified medical assistant.
 - **Care kit** consisting of a blood pressure machine and cuff for use at their first scheduled appointment.
- If in-person care is needed, the physician will order appropriate labs, imaging, and make referrals to in-network specialist.





BlueCross BlueShield of Michigan

Teladoc App



BlueCross BlueShield of Michigan

Livongo® Whole-Person Solutions

Livongo®

Three new solutions—each characterized by an anchor condition—offer a better, more effective way to manage multiple health challenges.

DIABETES SOLUTION

- Hypertension
- Dyslipidemia
- Weight Management
- Mental Health

PREDIABETES SOLUTION

- Hypertension
- Dyslipidemia
- Weight Management
- Mental Health

CARDIOVASCULAR SOLUTION

- Dyslipidemia
- Weight Management
- Mental Health



For Members

Personalized, actionable and timely support across multiple conditions

- Lifestyle behavior change tools
- Medication optimization
- Expert health coaching

- Provider coordination
- Cellular-connected devices
- Personalized plans for reaching health goals

Enroll Today hi.livongo.com/BLUECROSSMI Transitioning to the Teladoc app in 2024



Behavioral Health by myStrength®

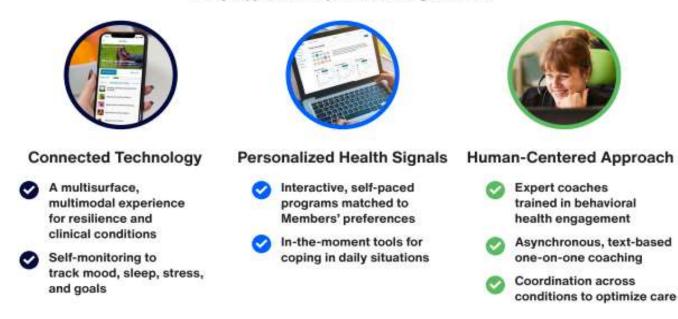


Livongo[®]

Blue Cross Blue Shield of Michigan (IBU) is offering Livongo for Behavioral Health by myStrength to members at no charge started 1/1/21. A digital resilience and behavioral health solution that provides members with self-guided tools and video modules.

Key Elements of the myStrength Offering

Blue Cross is committed to giving our Members the tools they need to deal with daily life's stressors. myStrength's data-driven approach provides Blue Cross Members with personalized, actionable and timely support that helps deliver lasting outcomes.



Transitioning to the Teladoc app in 2024

- A new resource will be available to Blue Cross and Blue Care Network members aged 18 and older, living in Michigan, find the right behavioral health provider for them.
- Quartet is a free resource that connects eligible members to outpatient behavioral health providers based on their clinical needs and personal preferences.
- Here's how Quartet works:
- First, a member is self-referred (or they can be referred through Blue Cross Coordinated CareSM).
- They can visit **<u>quartethealth.com/get-care/mi/BCBSM</u>** (site is live July 1, 2023) to sign up and complete a short questionnaire online. Or they can call 1-877-258-4010 between 9 a.m. and 6 p.m. if they prefer to sign up by phone.
- Quartet will use its SmartMatch Technology to match the member with an available in-person or virtual care behavioral health provider based on the member's clinical needs and preferences and the provider's specialty and availability.
- The member will work with the matched provider to schedule an appointment.



BlueCross

BlueShield of Michigan

Free for all IBU HMO & PPO members

New Oncology Care Navigation

Oncology Care Navigation: Partner with OncoHealth to provide Oncology Care Navigation services for IBU PPO and HMO members. This program will seek to provide members identified as cancer patients to advocacy, support, and guidance to help them through their Cancer journey. Key features of this program include:

- a. 24/7/365 on-demand oncology nurse and mental health visits for members.
- b. Peer mentors and community forum offer empathy and experiential support.
- c. Patient-decision support and disease management consistent with evidence-based guidelines.
- d. Remote monitoring of symptoms to track mood/symptoms and intervention based on algorithmic triggers.
- e. Address financial toxicity by navigating members to community and financial support resources and eligible programs and assist with enrollment.
- f. Decision aids and tools to promote shared decision-making and curated, personalized educational content and videos used to support members and their caregivers.
- g. Advanced care planning, documentation, and cloud-based storage of a member's advanced directive.
- h. Multichannel secured communication options (text, email, video, chat, phone).
- i. Advanced licensed practitioners (NPs, PAs, Oncologists) **CANNOT AT THIS TIME** prescribe low risk medications to help treat symptoms and side effects.
- j. All practitioners will be licensed by the end of 3rd quarter of 2023.
- k. Address SDoH by navigating members to community and financial support resources and eligible programs and assist with enrollment.

Expanded Cancer Screening & Education Campaigns: Identify members with gaps in screening, particularly Breast, Colorectal, and Cervical Cancer and guide them towards screening through CMCX Campaigns. Free for all IBU HMO & PPO members

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BlueCross BlueShield of Michigan

Well-Being Programs





Health Assessment

Complete your health assessment to find out your personal health risks and what you can do to improve your health



Symptom Checker

Use this interactive tool to help you determine what to do about your symptoms



My Health Assistant

After you take your health assessment, the *My Health Assistant* page recommends the Digital Health Assistant programs that are best for you. The following Digital Health Assistant programs are available:

- Conquer Stress
- Eat Better
- Enjoy Exercise
- Lose Weight
- Quit Tobacco
- Feel Happier



My Pregnancy Assistant

If you're pregnant, plan to become pregnant or are supporting someone who's pregnant, this is a helpful tool. It contains a dashboard of quizzes, checklists, articles, videos, activities and images of the stages of fetal development that you can click on for more information

Mental health podcasts

Listen to engaging podcasts on a variety of mental health topics, such as stress, anxiety, insomnia and suicide



Recipes

Find more than 400 tasty and healthy recipes that can help you meet your nutritional needs

All Blue Cross Blue Shield of Michigan health care plans include a variety of programs designed to help you improve well-being. These programs are available at no additional cost.

Well-Being Programs





Health Record

Store, maintain, track and manage your health information in one centralized, private and secure location



Health Trackers

Chart your measurements over time. There are trackers for exercise, steps, diet, sleep, mood, pain, and tobacco use

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Document Library

Easily upload and store your health care documents

Message Board Exchanges



Connect with others who have the same interests in health concerns as you, ask questions and find answers in these professionally monitored message boards



WebMD Video

Watch more than 1,000 video about a variety of health topics and trends



Device and App Connection Center

Sync more than 200 of your favorite fitness and medical devices and health-specific mobile apps so you have all your information in one location

WebMD Health Topics

This valuable resource allows you to search for a variety of health topics categorized by conditions, general health and procedures and surgeries

Medical Encyclopedia

This complete health encyclopedia includes a searchable database of health topics, medical tests, procedures, drugs and more

WebMD Interactives

Find calculators, guides, quizzes, slide shows and other health information you may need





Coordinated Care Core & App

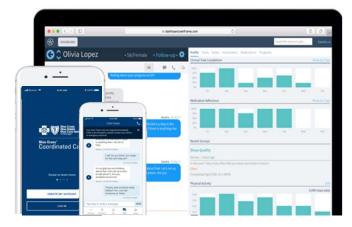
BCBSM Coordinated Care App connects your members and their family members to care

Our care management program is focused on supporting members and their family members with complex needs and chronic conditions.



This interactive platform connects members with their care teams through twoway communication and engagement. Features include:

- Easy two-way communication between your members, their family members and the care team
- Mobile app for members and their family members and a web-based dashboard for care management teams
- Personalized content that includes educational materials, survey questions and simple tasks
- Daily health checklists and tasks for your members and their family members
- BCBSM Coordinated Care Nurses will reach out to members that meet criteria for the program



BlueCross BlueShield of Michigan

The Family Building and Maternity & Menopause Support Solution offers comprehensive, personalized digital care navigation that provides a multi-channel clinical support and educational app that will guide members through the entire journey from fertility, pregnancy, postpartum, parenting and return-to-work and menopause.

Maternity Foundation

- Pregnancy + 3 months postpartum
- Pre- and post-natal support
- NICU support
- High-risk pregnancy management
- The Maternity program supports expecting mothers and fathers for up to 12 months —during pregnancy and for three months after birth through the postpartum and return-to-work periods. The program includes pregnancy, partner and loss tracks. A participant may move from one track to another within the same pregnancy. The program provides high-risk management and holistic support to optimize outcomes and promote reductions in preterm births, low birth weight and C-sections. It also includes curated weekly content to support members for motherhood and fatherhood, integrated return-to-work curriculum, professional coaches introduced in first trimester, pre- and post-natal support, and support for parents with an infant in the NICU. As soon as the member enrolls in the program, support tools are available through the duration of the maternity journey, and content is calibrated to specific week of gestation.
- Education and support tools are provided through three key pillars:
 - Dedicated care advocacy
 - Specialized virtual care
 - Content and community

Free for all IBU PPO/HMO members

- Blue Cross Blue Shield of Michigan
- The Blue Cross Personalized Medicine[™] is an end-to-end precision medicine program aimed to optimize the medical benefits of specific therapies for individuals based on their genetics, lifestyle, and environmental factors.
- Pharmacogenomics, also referred to as PGx, is a subgroup of precision medicine that uses an individual's unique genetic makeup to guide medication treatment options rather than using a "one-drug-fits-all" approach with therapies used to treat an entire population.
- Blue Care Network has partnered with OneOme to facilitate this new program leveraging the RightMed Test.

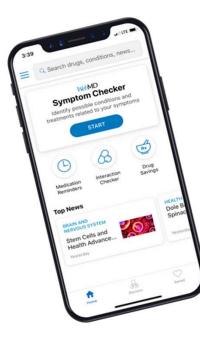
The RightMed[®] Test for Blue Cross Blue Shield of Michigan - OneOme.com or by calling **844-663-6635**.

- This new program may help your healthcare providers make more informed medication decisions for you.
- The RightMed Test is a genetic test that analyzes genes that may have an effect on how your body responds to certain medications, including those prescribed for cardiovascular disease, psychiatric conditions, pain, oncology support, and more.
- THE RIGHTMED TEST HAS MANY BENEFITS, INCLUDING THE POTENTIAL TO HELP YOUR DOCTORS:
 - Save you time and money by reducing medication trial and error
 - Make more informed medication decisions, including if you are on multiple medications
 - Decrease risk of medication side effects

Free for all IBU HMO members only

BCBSM Digital Tools with Benefits





WebMD[®] Wellness App

- Schedule lifestyle coaching •
- Read articles on current health topics
- Access Maps showing current • outbreaks of cold & flu
- Set reminders for staying active & ٠ eating healthy



BCBSM Mobile App

- View deductibles & other plan balances •
- Check Claims & explanation of benefits ٠
- See & search for plan services •
- View & share plan ID cards •
- Find doctors & Hospitals ٠
- Find & use Blue365 discounts •

	e365.	Browse All Deals	How It Works	Hello, Georgette My Account/Logout
Because Health is a big dea	.,тм	Elucités offers acc	ess to health and wellness	deals enclusive to Blue members
low It Works				
Frequently Asked Guestions Participating Blue Companies Partner with Blue365	A		A	
Looking for Something More? We are always in search of neatry offerings But There is something we missed, tell us what cleaks you want to see in Blue365.	Be the first here.	P FOR NO-FUSS EMAILS In know about the latest deales to hit B AYS TO SAVE a just a faiw clicks away. Some deals k is can be applied directly to a purchase	(Il give you a couper code	instantly on the Blue365 site. This
Watch our video Blue365.	discourted REGIST Every mon card. Tell y	s may take you to a vendor's website of program instantly ER TO WIN by, anyone that registers on the Blusde our finends and famity to register, they use Dificial Rulas.	5 site will receive an entry	into a drawing for \$25 ratail gift

Blue 365 ®

Discounts and Savings

- \$29 gym membership
- Weight loss programs
- Cookbooks
- Sporting goods •
- Health food stores

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Health Savings Account



BlueCross BlueShield of Michigan

Health Savings Account

A health savings account is a tax advantaged account that taxpayers may contribute to if enrolled in a high deductible health plan. The funds deposited into the account are not subject to federal income tax at the time of deposit and are not subject to taxes if used for qualified medical expenses.

Eligible HSA Plans PPO: Bronze, Silver Saver (70, 73) HMO: Bronze Saver

		High Deductibl	e Health Plan		
-	2023		2024		Change
	Min Deductible	Max Out of Pocket	Min Deductible	Max Out of Pocket	Max out of Pocket
Individual	\$1,500	\$7,500	\$1,600	\$8,050	+ \$550
Family	\$3,000	\$15,000	\$3,200	\$16,100	+ \$1,100
		HSA Annual Con	tribution Limit		
	2023		2024		Change
Individual	\$3,850		\$4,150		+ \$300
Family	\$7,750		\$8,300		+ \$550
Age 55 & older Catch-up Contribution	\$1,000		\$1,000		No Change

BlueCross BlueShield of Michigan

HSA Information



HealthEquity is FREE for IBU consumers in HSA-eligible plans & can be added after enrollment utilizing the methods below:



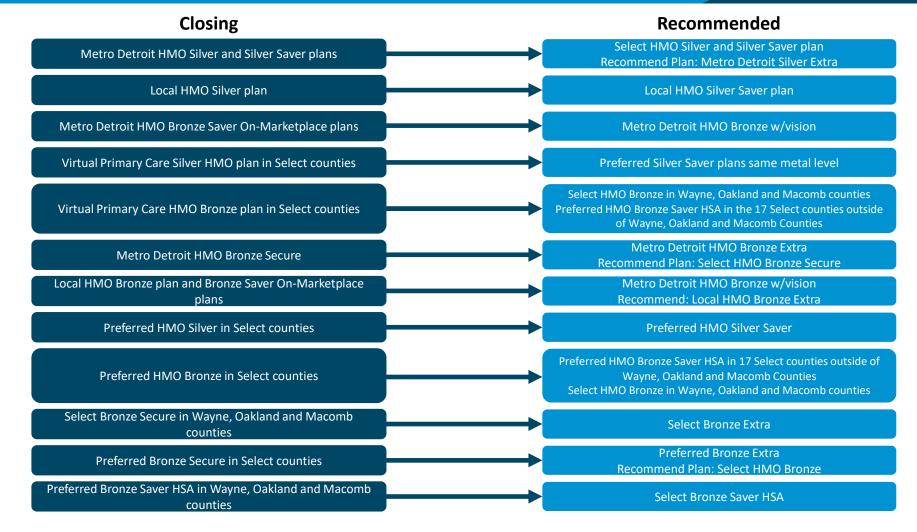


2024 Plans with Crosswalk, Including Recommended Scenarios



2024 BCN CMS Mandated Crosswalk with Recommended Plans





Updated 2024 crosswalk

	Individual Crosswalk For Terminated and Ser	vice Area Changes HMO Plans	
Terminated Plan ID	Terminated Plan Name	2024 Mapped Plan ID	2024 Mapped Plan Name
98185MI0180011-00 - 98185MI0180011-06	Metro Detroit HMO Silver	98185MI0180004-00 - 98185MI0180004-06	Select HMO Silver
98185MI0180014-00 - 98185MI0180014-06	Metro Detroit HMO Silver Saver	98185MI0180012-00 - 98185MI0180012-06	Select HMO Silver Saver
98185MI0440008-01 - 98185MI0440008-03	Metro Detroit HMO Bronze Saver	98185MI0440005-01 - 98185MI0440005-03	Metro Detroit HMO Bronze w/ vision
	Preferred HMO Virtual Primary Care Bronze change of service area		Preferred HMO Bronze Saver HSA w/vision in 17
98185MI0850001-00 - 98185MI0850001-03	Statewide except for the Select Counties	98185MI0440009-00 - 98185MI0440009-03	Select counties
98185MI0850001-00 - 98185MI0850001-03	Preferred HMO Virtual Primary Care Bronze change of service area Statewide except for the Select Counties	98185MI0440001-00 - 98185MI0440001-03	Select HMO Bronze in Wayne, Oakland and Macomb
98185MI0850002-00 - 98185MI0850002-06	Preferred HMO Virtual Primary Care Silver change of service area Lower Penisula excluding Select Counties	98185MI0180015-00 - 98185MI0180015-06	Preferred HMO Silver Saver
98185MI0440012-00 - 98185MI0440012-03	Preferred HMO Bronze change of service area Statewide except for Select Counties counties	98185MI0440009-00 - 98185MI0440009-03	Preferred HMO Bronze Saver HSA w/ vision in 17 Select counties
	Preferred HMO Bronze change of service area Statewide except for Select		
98185MI0440012-00 - 98185MI0440012-03	Counties counties	98185MI0440001-00 - 98185MI0440001-03	Select HMO Bronze in Wayne, Oakland and Macomb
98185MI0440009-00 - 98185MI0440009-03	Preferred HMO Bronze Saver HSA w/ vision	98185MI0440006-00 - 98185MI0440006-03	Select HMO Bronze Saver HSA in Wayne, Oakland and Macomb
98185MI0180005-00 - 98185MI0180005-06	Preferred HMO Silver change of service area Lower Penisula excluding		
	Wayne Oakland Macomb	98185MI0180015-00 - 98185MI0180015-06	Preferred HMO Silver Saver
98185MI0550025-00 - 98185MI0550025-03	Metro Detroit HMO Bronze Secure	98185MI0550021-00 - 98185MI0550021-03	Metro Detroit HMO Bronze Extra
98185MI0440013-00 - 98185MI0440013-03	Local HMO Bronze	98185MI0440005-00 - 98185MI0440005-03	Metro Detroit HMO Bronze w/ vision
98185MI0440014-01 - 98185MI0440014-03	Local HMO Bronze Saver	98185MI0440005-01 - 98185MI0440005-03	Metro Detroit HMO Bronze w/ vision
98185MI0180025-00 - 98185MI0180025-06	Local HMO Silver	98185MI0180026-00 - 98185MI0180026-06	Local HMO Silver Saver
98185MI0550024-00 - 98185MI0550024-03		98185MI0550020-00 - 98185MI0550020-03	Select HMO Bronze Extra remove from Wayne,
	Select HMO Bronze Secure		Oakland, Macomb
98185MI0550026-00 - 98185MI0550026-03	Preferred HMO Bronze Secure	98185MI0550022-00 - 98185MI0550022-03	Preferred HMO Bronze Extra remove Select counties

BlueCross BlueShield of Michigan		20	024 BCN Plan Port
Local HMO	Metro Detroit HMO	Select HMO	Preferred HMO
			Gold Extra STD
			Gold
Silver Extra STD	Silver Extra STD	Silver Extra STD	Silver Extra STD
Silver	Silver	Silver	Silver ¹
Silver Saver	Silver Saver →	Silver Saver	Silver Saver
			Silver VPC ²
Bronze Extra STD	Bronze Extra STD	Bronze Extra STD	Bronze Extra STD
Bronze w/vision	Bronze w/vision	Bronze w/vision 🔸	Bronze w/vision ³
Bronze Saver HSA Bronze Saver HSA w/ vision Off-MRK only	B <mark>ronze S</mark> aver HSA Bronze Saver HSA w/ vision Off-MRK only	Bronze Saver HSA w/vision	Bronze Saver HSA w/ vision ⁴
Bronze Secure	Bronze Secure	Bronze Secure⁵	Bronze Secure ³
1- Lower Peninsula except Wayn	 Lower Peninsula except Wayne, Oakland and Macomb counties Lower Peninsula except Select Counties Statewide except Select Counties Statewide except for Wayne, Oakland and Macomb counties Select counties except Wayne, Oakland and Macomb counties 		Bronze VPC ³
2- Lower Peninsula except Select3- Statewide except Select Count4- Statewide except for Wayne, C			Value

STD = Standardized Plans = Crosswalk

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2024 Shared Benefits (All Plans)

- •\$0 Annual Visit
- \$0 Wellness Visits for Kids
- \$0 Vaccinations
- \$0 Diabetes Test Strips, Lancets and Connected Devices with Diabetes, Pre-Diabetes & Hypertension Management Programs
- \$0 myStrength by Livongo a behavioral health app
- \$0 Family Building and Maternity Program & Menopause
- BCBSM App offers access to cost and transparency tools

- Discounts at Gyms
- Blue 365 Discounts on Vitamins, Food, Retailers, etc.
- \$0 24-hour nurse hotline to get medical advice from registered nurse
- \$0 Blue Cross Health & Wellness services and programs powered by WebMD
- Nationwide coverage 24/7
 Virtual Visits in our selected
 vendors app and Prescriptions
- Nationwide Urgent Care visits

BlueCross BlueShield of Michigan

Key 2024 Plan Benefits Continued

HMO Non-HSA plans

- \$0 Laboratory and Pathology Tests (HMO Bronze plans laboratory and pathology tests have a \$10 copay. The HMO Extra plans apply deductible & coinsurance to laboratory services)
- Some insulins moved to Tier 1A
- \$0 24/7 Virtual Visits in our selected vendors app (available nationwide)
- \$0 Blue Cross Personalized Medicine
- Primary and Mental Health Office Visits including Virtual Visits with a copay before deductible
- Retail Health Visit with a copay before deductible (same as Primary Office Visit copay)
- Urgent Care with a copay before deductible (available nationwide)

PPO & HMO HSA plans

- \$0 Health Savings Accounts (HSAs) with Health Equity
- \$0 24/7 Virtual Visits after deductible in our selected vendors app (available nationwide)
- \$0 Blue Cross Personalized Medicine (HMO plans only)
- Access to Virtual Visits and Retail Health Clinics

PPO non-HSA plans

- \$0 24/7 Virtual Visits in our selected vendors app(available nationwide)
- Urgent Care with a copay, before deductible (available nationwide)
- Access to Virtual Visits and Retail Health Clinics



